

MEDIA ADVISORY/CALENDAR LISTING

Introductory Offer for Reflective Leadership Certificate Program Presented by Institute for Global Leadership on Tuesday, July 10, 10-5 pm.

CONTACT: For additional course details or to schedule an interview, please contact Virginia Swain at 508-753-4172 or vswain@global-leader.org.

WHO: The Reflective Leadership Certificate Program is led by Institute for Global Leadership Founder and Director Virginia Swain, with 25 years experience as an educator, consultant, mediator, mentor, counselor, manager and trainer in commercial and non-profit enterprises on four continents. Ms. Swain provides programs designed to empower emerging and seasoned leaders for the conditions of a post-September 11th workplace and community.

WHAT: A one-day course to introduce Reflective Leadership, the Certificate Program, Three courses, an individual mission statement and coaching program and a practicum.

Introduction to Reflective Leadership: Tuesday, July 10, 2012, 10 a.m.-5 pm. Special Introductory Offer Tuition is \$95. Participants may elect to contract for two hours of individual coaching after the course for the special price of \$150 (usually \$200) Held at 32 Hill Top Circle, Worcester. MA 01609.

Reflective Leaders are practical and disciplined people, practiced in stepping back to assess personal and professional challenges. They are introspective and committed to have a calm, level-headed and caring presence to address personal and workplace challenges and change. They are introduced to the basic skills of a leader and the acquisition of personal, interpersonal and systemic competencies.

Reflective Leaders are clear about how to complete their projects—so our use of the word “reflective” encourages emerging and seasoned leaders to think about their work differently. Beyond hard work and strategic planning, people reflect on what is learned from their personal experience. Individual Tutorials are offered in the following courses:

The Practice of Reflective Leadership: Introduction to the personal skills of Reflective Leadership. Reflection time is provided for new knowledge of values, gifts and talents arising from personal integrity.

New Perspectives on Stress, Conflict and Diversity: Introduction to the interpersonal skills of Reflective Leadership. Gain new tools and perspectives to address feelings and emotions -especially stress, conflict, self-defeating and culturally insensitive behaviors - in personally restorative and life-giving ways.

Writing a Personal Mission Statement: Become aware of core gifts and talents and form a one-sentence mission statement to articulate how to make a difference in the world.

Navigating Resistant Systems: The Reflective Leader learns how to introduce and sustain change in an institutional or community setting.

Coaching with Virginia Swain.

Practicum: Individual work, under the guidance of Virginia Swain and scheduled at participants' convenience. All learning from previous programs is applied to a personal, interpersonal or systemic challenge to integrate the teachings, skills, and the leader's mission statement into their life and work.

"In the workplace, we haven't learned how to deal with conflicts," comments a client, Krista Montefusco, a small company business analyst. "I learned how to be a good listener, be a facilitator, and let people's needs be heard. But I never realized how my personal changes could alter the dynamic at work. The people I work with can model these principles too."

For more information on these courses and the Mission-Focused Leadership Certificate Program, www.global-leader.org. Applicants must have a prior discussion with Virginia Swain, Founder and Director, 508-753-4172 to ensure resonance with the program's values and ideals. Visa/Mastercard or check payable to the Institute for Global Leadership.

